

Patient Newsletter

Issue 33
Summer 2016

ROSEMARY MEDICAL CENTRE
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Staff



At the beginning of July we welcomed our new Practice Manager, Tori Richardson. In August, our new Registrar Dr Ruth Arnold and F2 Dr James Womersley started. Dr Arnold is with us for a year and Dr Womersley 4 months. At the end of September we will be sad to say Goodbye to our lovely Practice Nurse, Sister Chris, who has been with us for nearly 4 years. We wish her well in her 'early' retirement. We are however, lucky to have a new Nurse, Maggie Jones, starting with us on 28th September.

GP Recruitment Crisis

As a surgery, we have recently found ourselves short of GPs and have therefore been finding it difficult to provide our usual quota of appointments for you. This consequently contributes to a long wait to see a preferred doctor.

We would like to reassure you that we have done everything we can to try to recruit another GP but despite advertising twice nationally, we have not appointed anyone. This is a national problem and it is not uncommon for a practice to have an unfilled vacancy, which they are struggling to recruit to. A survey by Pulse revealed around 12% of all GP posts in the UK are vacant; the highest proportion ever recorded.

With this in mind please bear with us on the appointment front and we will continue to do our best at booking you in to see your preferred GP as soon as we can.

We plan to explore alternative options in filling this gap over the next month or so.



Carers Cuppa Club

Unfortunately due to limited uptake we have decided to stop our Carers Cuppa club.

We would be really interested to hear any ideas you have about developing a 'Carers Group' and how we can make it more successful.

For more information please ask for Lyndsey at reception or contact her on 01202 723372



Opening Times September 2016 - November 2016

The practice will be closed for Training on:

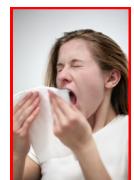
- Thursday 15th September 3.30—6.30pm
- Wednesday 16th November 1.30—4.30pm

Please call NHS111 if you have any urgent needs during these times.

Flu Vaccination Programme

As the 'flu season approaches so does our vaccination programme which will begin in October. We will be running 2 major Saturday morning clinics on 1st October and 22nd October: please book as soon as possible.

All those entitled to free 'flu vaccination are also entitled to free pneumonia vaccine - a single dose gives life-long protection - you will be offered this at the same time.



Live Well Dorset

Live Well Dorset is a free service for adults living in Bournemouth, Poole & Dorset who would like support to change their lifestyle.

They offer free health & well-being information, advice & support to improve your well-being in one or more of the following ways:

Help you to stop smoking, increase your physical activity, manage your weight and reduce your alcohol intake.

You can self refer by calling 0800 8401628 or 01305 233105 or email queries@livewelldorset.co.uk



Helping you to live healthier



You are 5 times more likely to give up smoking with support?

Services we offer at Rosemary Medical Centre

We offer a wide variety of services to our patients including:

- Emergency and routine appointments
- Extended opening hours on a Saturday morning
- Vaccinations and Immunisations (including child health and travel)
- Family planning and contraception
- Minor Surgery including joint injections and caudal epidurals
- Chronic disease management
- Non NHS services such as examinations for HGV licences or insurance forms



Community Over 75s Service

We have a very experienced Community Practice Nurse Prescriber, Derek Arnold, running our enhanced care service for patients aged over 75, especially those at particular risk of hospital admission.

This includes home visiting for those patients who are housebound or particularly vulnerable. Please speak to a receptionist if you would like to contact Derek.

On a Monday and Wednesday morning, Derek also runs a chronic disease management clinic where if you are over 75, he can undertake your annual Diabetes or COPD review. Please book an appointment through our receptionist.

