

# Patient Newsletter

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## Welcome to the Winter Newsletter

The Doctors and staff here at Rosemary Medical Centre would like to wish all our patients a Happy and Healthy New Year!

We would also like to thank everyone for their kind Christmas cards and gifts which were greatly appreciated by all the staff here at the Practice.

**Staff News:** We extend a warm welcome to Dr Jonathan Rollo-Walker joined us in December as our new F2 Doctor, who is a qualified Doctor undertaking a 4 month training placement in General Practice.



## New In-House Dermatology Clinic

From the New Year, Dr Emma Evans, who has a special interest in Dermatology, will be holding a monthly Dermatology Clinic here at the Surgery.

This will benefit patients with generalised skin conditions and we encourage patients to book into this clinic. This will hopefully reduce the need for a referral to a Hospital Consultant.

## Book Club Donations - Thank You!

A very big thank you to all who have bought our second-hand books which are available in both our Waiting Rooms for a donation of 50p per book.

In the last 12 months an amazing total of £410 has been raised which has gone towards purchasing new equipment to help us provide the best possible service for all our patients.

If you have any books that you would like to donate they would be greatly appreciated.

## Surgery Closures January to March

The practice will be closed for Mandatory Training on:

- ◆ Thursday 24th January 3.30pm to 6.30pm
- ◆ Wednesday 13th March 3.30pm to 6.30pm



Please call NHS111 if you have any urgent needs during these times.

## Are Your Contact Details Up to Date?

Please let us know if you have recently moved house or changed your mobile phone number, or check to see if we have your mobile number. It is important for us to have your correct contact details in case we need to get in touch with you urgently.



## Joke Corner!

Q: What did the man say to the x-ray technician after swallowing some money?

A: Do you see any change in me?

## Patient Summary Care Records

Care professionals in England use an electronic record called the Summary Care Record (SCR). This can provide those involved in your care with faster secure access to key information from your GP record.

Summary  
Care  
Records

### What is an SCR?

If you are registered with a GP practice in England, you will already have an SCR unless you have previously chosen not to have one. It includes the following basic information:

- Medicines you are taking
- Allergies you suffer from
- Any bad reactions to medicines.

It also includes your name, address, date of birth and unique NHS Number which helps to identify you correctly.

### What is an Enhanced SCR?

You can now choose to include more information in your SCR, such as significant medical history (past and present), information about management of long term conditions, immunisations and patient preferences such as end of life care information, particular care needs and communication preferences.

**We recommend this option, and if you would like to sign up for this please speak to one of the Receptionists as we need your permission to action this.**

### Who can see my SCR?

Only authorised care professional staff in England who are involved in your direct care can have access to your SCR. Your SCR will not be used for any other purposes.

These staff:

- Need to have a Smartcard with a chip and passcode
- Will only see the information they need to do their job
- Will have their details recorded every time they look at your record.

### Care professionals will ask for your permission if they need to look at your SCR.

If they cannot ask you because you are unconscious or otherwise unable to communicate, they may decide to look at your record because doing so is in your best interest. This access is recorded and checked to ensure that it is appropriate.

**HELP US  
HELP YOU**

STAY WELL THIS WINTER

### Stay Well This Winter

Cold weather can be seriously bad for your health. That's why it's important to look after yourself, especially during the Winter. If you start to feel unwell, even if it's a cough or a cold, don't wait until it gets more serious. Seek advice from your Pharmacist.

Flu is very infectious and spread by germs from coughs and sneezes, which can live on hands and surfaces for 24 hours.

To reduce the risk of spreading flu, use tissues to trap germs when you cough or sneeze, wash your hands often with warm water and soap, and bin used tissues as quickly as possible.

**Catch it! Bin it! Kill it!**

### Have You Had Your Flu Jab?

There is still time to have your flu vaccination.

Flu vaccine is the best protection we have against an unpredictable virus that can cause unpleasant illness in children, and severe illness and death among at-risk groups, including older people, pregnant women and those with an underlying medical health condition.

**If you are aged over 65, or under 65 with a long-term condition or are pregnant, we recommend you contact Reception to book an appointment for a flu jab.**

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**DON'T LET  
FLU BULLY YOU**

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