

Patient Newsletter

Issue 43
Autumn 2019

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Welcome to the Autumn Newsletter

Autumn is now upon us! The leaves will soon be changing colour and be crisp beneath our feet, the nights are drawing in, and there is a fresh chill in the air.

Staff News:

We welcome Dr Louise Goddard who has just joined us as a new GP Partner.

We also welcome Dr Emma Fellows who is covering Dr Emma Evans Maternity Leave.

We recently said farewell to Dr Farai Chimbwanda who finished his 12 month training programme with us and wish him well for the future, and we welcome Dr Noor Hussain who is here for a 6 month placement.

Dr David Broadley has recently taken on a new and exciting role of Clinical Director for our local Primary Care Network as well as still remaining as a GP Partner here at the Surgery.

And last but definitely not least, Dr Emma Evans now has a new addition to her family - a beautiful baby girl!

Have You Booked Your Flu Jab Appointment?

Although flu vaccinations are being offered by many alternative providers, your GP surgery is still a great place to have your jab: we have direct access to your medical record, we can check for any other vaccinations you may be entitled to, we can update your personal details if required and we can record directly into your medical notes.

If you are aged over 65 years, are pregnant, or are under 65 with a medical health condition, you are advised to get vaccinated every year.

PLEASE SUPPORT YOUR LOCAL SURGERY AND CONTACT US TO BOOK YOUR APPOINTMENT

Surgery Closures October to December

The practice will be closed for Mandatory Training on:

- ◆ Wednesday 9th October 1.30pm to 4.30pm
- ◆ Thursday 7th November 3.30pm to 6.30pm
- ◆ Tuesday 17th December 3.30pm to 6.30pm

Christmas Period- Closed On:

- ◆ Christmas Day
- ◆ Boxing Day
- ◆ Saturday 28th December
- ◆ New Years Day 2020

Please call NHS 111 if you have any urgent needs during these times.



**Is Your Email
Address
Up To Date?**

Do we have your correct email address?

Please confirm your email address with us next time you phone or pop in.

Thank you.

Joke Corner!

Q: What is a Chameleon who loses his ability to change colour suffering from?

A: A Reptile Dysfunction!

Dr Louise Goddard - Our New GP Partner

We are very pleased to welcome Dr Louise Goddard to our Rosemary Medical Centre family. She is currently seeing patients for 3 clinics per week as a Partner which will increase to 5 clinics per week next July. She is also sharing the Maternity Cover for Dr Evans with Dr Fellows.

As a GP Partner, Dr Goddard has to have her own patient list, and as a result a percentage of our patients have been transferred over to Dr Goddard, who will now be their Named GP.

Your Named GP has overall responsibility for the care and support our Surgery provides you, however, this does not prevent you from seeing any GP in the Practice as you currently do.

Rosemary Medical Centre Health Champions

You may have seen our new Health Champions Noticeboard in the downstairs Waiting Room. They are part of a Collaborative Practice Programme, called Altogether Better, which helps Health Services and local people find new ways of working together. This aims to make a difference to people's lives, releasing resources and improving services.

Our Health Champions are patients at our Surgery and are gifting their free time to help and support other patients by implementing various support groups such as a Gardening Club, or a Stroke Support Group. These groups will be run by the Champions who have either gone through the same issues or have a special interest in them and wish to give something back to the Community and help others to get through a bad time in their lives and give people encouragement to not give up.

If you see them (their photos are on the Noticeboard) please feel free to say hello and have a chat with any suggestions for activities. Alternatively, we have a Suggestions Box in the Waiting Room for any feedback or comments.

Urgent Prescription Requests

Except for Insulin, Inhalers, Anticonvulsive Medication and Anticoagulants, the GPs at this Practice have stated that **no harm will come to you if you miss a prescription for 24 hours.**

We therefore ask that you allow us time to process an urgent prescription request and not rush us as this contributes to errors and risk.

Apart from those types of medication listed above, any orders for medication not requested within the usual 48 working hours timescale **will not be issued on the day, and we will ask you to return to your nominated Pharmacy the following day to collect your prescription.**



NHS Health Checks

The NHS Health Check is a health

check-up for adults in England aged 40-74. It's designed to spot early signs of Stroke, Kidney Disease, Heart Disease, Type 2 Diabetes or Dementia. As we get older, we have a higher risk of developing one of these conditions. An NHS Health Check helps find ways to lower this risk.

If you're in the 40-74 age group without a pre-existing condition, you can expect to receive a letter from your GP inviting you for a free NHS Health Check every five years.

Alternatively, you can just contact us to book an appointment.



eConsult- Coming Soon!

eConsult is an online triage and consultation platform that will give patients much more flexibility in the way they interact with GPs. It will save you time as you may not need a trip to the Surgery, and your query may be resolved with a phone call. You will get continuity of care from your GP with the convenience of on-line access.

There will be medical advice 24/7 where you can check your symptoms and receive on the spot advice and treatment guidance thanks to NHS Choices content. You will receive a quick response and can access wherever and whenever you want from any device, and complete at a pace that suits you. You can also request sick certificates and test results without the need for an appointment.

All you need to do is answer some questions on-line and go from there!